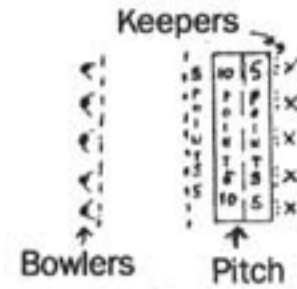


Beyond Basic Bowling - Lesson Plan 5

SWING & SPIN BOWLING

Target Length Bowling

Equipment: 1 Set of stumps, ball, markers, lines/strips of material.



Best on an asphalt area or across a cricket pitch. In pairs or small groups, players take turns, e.g. 5-6 bowls each, in bowling at target areas.

* Each line a 1 metre distance from the next.

