

Beyond Basic Bowling - Lesson Plan 4 SWING & SPIN BOWLING

Target Line Bowling

Equipment: 1 Ball, 1-3 markers,
1 set of stumps and a target per
pair/group.

In pairs bowling at a target on the ground, change after 6 bowls. The target can be made from a sheet of material, a couple of stump bases, a square of markers or lines drawn on the ground, i.e. on asphalt. Points can be scored, e.g. 10 for each successful bowl.

