

Beyond Basic Batting - Lesson Plan 3

TARGET DROP & DRIVE

Equipment: 5 Markers or Flags and 1 Marker, 1 Bat and Ball per Group.



The player holds bat with arm (nearest to target), drops the ball and steps towards anticipated landing position of the ball to hit it on the 2nd bounce – goals or targets may be included and also scoring. Swap with partner(s) after 5 hits.