

Basic Batting - Lesson Plan 1

TEE BATTING - DRIVE

- **Batting Grip**
 - V's formed by thumb & forefinger aligned down back of bat
 - Hands together in middle of handle.
- **Batting Stance**
 - Side On.
 - Feet shoulder width apart.
 - Head upright, eyes level.
- **Batting**
 - Pick up the bat by first cocking at the wrists.



GAME APPLICATION

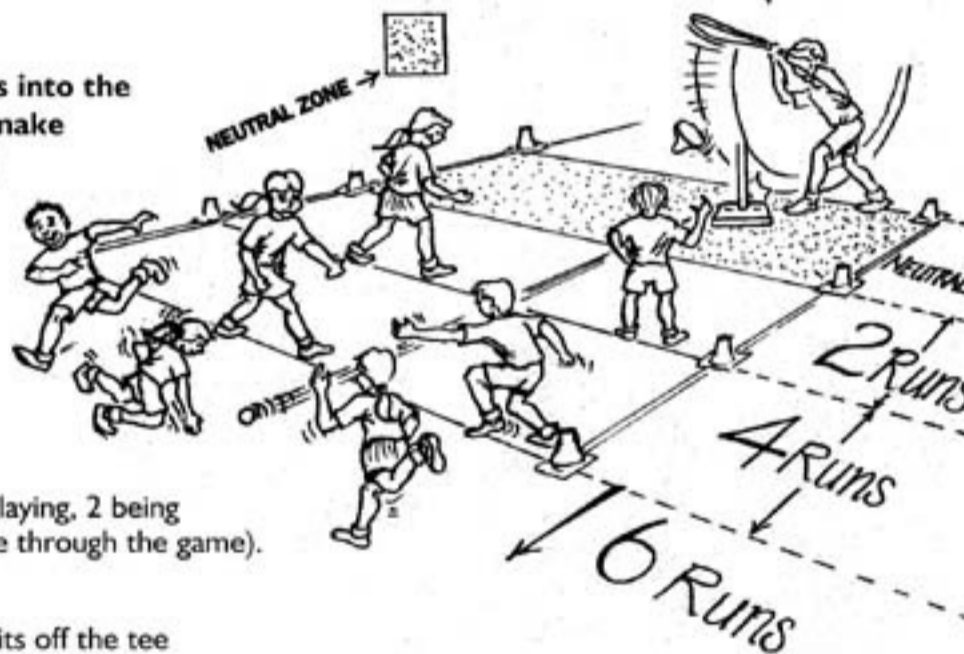
TEE LINE CRICKET



In 6 successful hits into the scoring zones to make the highest score.

To start: Place a stump in the ground. Place a tee on the stump and a ball on the tee.

- Batter 1 ready at the tee – others fielding.
- Maximum 8 per group (6 playing, 2 being coached to the side - rotate through the game).



Game

- Each batter has 6 scoring hits off the tee (mis-hits or hits that do not go beyond the neutral zone do not count).
- Fielders cannot enter the neutral zone.
- The fielder who stops the ball returns it by ROLLING it to the batter.
- Highest score wins.

Assess

- Are the batters stepping next to the tee to hit?
- Is the batter's front knee bent, head over the ball?
- Is the ball being hit in the desired direction?
- Are the fielders confident enough to stop the ball?
- Are the fielders positioned appropriately?

Modify

- **Game:** Increase/decrease the neutral zone appropriate to the batters skill level. Widen the playing area to create more gaps between fielders.
- **Skills:** It is encouraged to have the next batters practicing hitting off tees with a helper coach prior to them batting in the game.

Encourage

- Promote fun and enjoyment.